Welcome LEAD!

SUGAR CREEK

Sugar Creek is excited for you to journey through this life-changing program! Please read this letter to plan for your time at camp this summer.

A CAMPER PROFILE SHEET and a HEALTH HISTORY/PERMISSION FORM must be completed. If you registered online, forms are included in the online enrollment process. You may print forms from our website, but online forms are preferred. Complete the forms and send them to Sugar Creek as soon as possible.

**To help the check-in process run efficiently please have all prescription medications entered in CampWise before your arrival at camp. This will assist our weekly Health Officer to maintain the necessary information in the new mobile medical app.

<mark>Arrival Time:</mark>

Week 1 - Sunday, 2-4 pm

Weeks 2, 3, and 4 LEADS are invited to arrive at noon (RC) for the weekly staff meeting and registration check-in.

Departure Time:

Week 1 - Friday, 1 pm, Closing Program

Weeks 2, 3, and 4 LEADS are invited to stay later for camp clean-up and staff worship.

LEAVE PETS AT HOME when you drop off or pick up your camper.

Phone Calls: Sugar Creek asks that parents contact their child by phone only in the case of an emergency during each week. Due to the large size of Sugar Creek Bible Camp, with over ten miles of hiking trails, if your friends or family call the camp office, they will need to leave a message, and you can call the person back.

Electronic Games, Appliances, Musical Equipment: Use of electrical appliances (hair dryers, curling irons, cell phones, etc.) and make-up is highly discouraged while you are at camp. Cellphones and other valuables can be secured in the camp office to be used on your time off.

Insurance: Secondary insurance coverage is for accidents that occur while performing duties during each program week, on or off the premises. In the event of an accident, the insurance of the participant's parents will be primary and Sugar Creek's insurance may cover over and above what primary (parent's insurance) does not cover. It is the parents' responsibility to let the Sugar Creek office know if camp coverage is necessary. Sugar Creek Bible Camp does not insure personal property; please do not bring expensive clothing, electronic gear, or costly items.

Vehicles: If you bring your own vehicle, please park it in the "staff parking lot" during the week. When you check-in, let camp staff know so we can label and store your keys in the staff office. Vehicles cannot be driven during the week when campers are on site. First Aid, Medications, Dietary Needs: Sugar Creek always has a qualified, volunteer health officer to administer First Aid. **Medications must come in the original container with directions for use**. All medications will be collected and dispensed by the health officer, including non-prescription drugs. *Inhalers are an exception*. Please refer to our Health History Form for a list of OTC medications available in the infirmary. If your child has special dietary needs (e.g., gluten-free, severe allergies, etc.) you can pack food to supplement their meals at camp. Please call or e-mail if you have dietary or medical questions.

Canteen: The Canteen sells snacks. Each week you will receive a small weekly stipend for the Canteen.

Packing for Camp: Bring only the essentials and pack old clothing that can get dirty. Pack lightly! Label everything with your camper's name and phone number. Sending a checklist can help campers with end-of-the week re-packing.

Sugar Creek Packing List

- o Backpack or drawstring bag Needed to carry essentials around camp.
- o Bible If you do not have a Bible, one can be borrowed.
- o Notebook, pens, and pencils
- o Reusable water bottle
- o Wristwatch and/or alarm clock
- o Raincoat or poncho Activities happen rain or shine.
- o Personal items Bring travel size items such as: shampoo, soap, toothpaste, toothbrush, deodorant.
- o Towels bath, washcloth, and beach
- o Flashlight and extra batteries!
- Shoes Closed-toe shoes are required for many camp activities. All shoes must have a heel strap. Flip flops/slides can only be worn for shower/pool time. Sugar Creek recommends you bring:
 - o Sneakers for everyday use
 - o Sandals for the pool
 - o Boots/sturdy shoes for horse rides (Please note: crocs are not allowed in the barn.)
 - o Water shoes or old shoes that can get wet for creek stomping.
- o Sleeping bag and pillow Bring a warm, outdoor-use sleeping bag.
- o Bug repellent
- o Sunscreen
- o Warm clothes Evenings at camp are often cool, pack a sweatshirt or a light jacket, and long pants and socks.
- o Long pants for horseback rides
- o Summer wear Pack comfortable clothes for warm daytime activities.
- o Swimsuit(s)

All clothing and bathing suits should be appropriate for Bible camp, including logos or graphic designs. In general, this will be similar to school dress code policies. If you have specific questions, please contact the Program Director at program@sgrcreek.org.

Optional items you may wish to bring:

- o Camera Digital or disposable cameras are recommended.
- o Card games, friendship bracelet string, book, journal, etc. for cabin time
- o Hat, sunglasses
- o Guitar or other musical instruments
- o Additional blankets, stuffed animals, or hammock & straps

DO NOT BRING: valuable or irreplaceable items, cell phones, or other electronics, pets, firearms, fireworks, knives, tobacco products, alcohol, non-prescription drugs, or food. Campers found with alcohol or drugs will be dismissed from camp. Other items will be locked up securely in the camp office and returned at departure.

Mail: Receiving mail can be fun. Sugar Creek highly recommends bringing letters with you to check-in. Otherwise, plan to put mail in the post a full week before your camper's week at Sugar Creek. Please have family and friends follow the following format:

Address letters to: SUGAR CREEK BIBLE CAMP Camper's Full Name, Program, Week of Camp 13141 SCBC Road Ferryville, WI 54628

Get ready for a fun, faith-building adventure at Sugar Creek Bible Camp this summer!

Here is a faith practice idea you can do before camp:

• After your camper is all done packing, gather around your camper and their items and pray for their upcoming week at camp.

Example: "Dear God, bless (Camper's Name) week at Sugar Creek. May (name) have an amazing week making new friends, exploring nature, and learning about You! Bless their cabinmates and counselors, may everyone have safe travels and be ready to make memories together. Amen"

Any Questions? Contact Program Director at <u>program@sgrcreek.org</u> or (608)734-3113.